

Questions about workers' compensation?



Ask BCU:

- General inquiries
- Laws, rules, and bulletins
- Timelines for appeals
- Reporting requirements
- Your rights and responsibilities
- Wage disputes
- Timely payments
- Attending physicians
- Training needs
- Independent medical exams
- Claim denials
- Reporting an injury
- Spanish translation
- Claim closure
- Supplemental disability benefits
- Worker-requested medical exams

The Benefits & Certification Unit (BCU)

answers questions from injured workers, insurers, employers, attorneys, and health care providers. We provide information about your rights and responsibilities. BCU resolves issues about designation of paying agents, average weekly wage disputes, and requests for pro rata distributions.

Toll-free: 800-452-0288
503-947-7585

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